

Beth T. Murray **Massage Therapy**

Massage Therapy Intake Form

Date: _____

Name: _____ Date of Birth: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Cell Phone: _____ Home Phone: _____

Email: _____ Occupation: _____

Emergency Contact name and number: _____

- Are you currently taking any medications? ____ Yes ____ No

If yes, please list name and reason for medication: _____

- Are currently seeing a *healthcare professional*? ____ Yes ____ No

If yes, please list name and reason for medication: _____

- Do you have *allergies* (including food and topical products)? ____ Yes ____ No

If yes, please list: _____

Please review this list and circle those conditions that have affected your health either recently or in the past. Place a check mark next to the condition

| | | | |
|------------------------|----------------|----------------------------|-------------------------|
| arthritis | depression | panic disorder | diabetes |
| Diverticulitis | blood clots | headaches | broken/dislocated bones |
| heart conditions | bruise easily | back problems | cancer |
| high blood pressure | chronic pain | insomnia | constipation / diarrhea |
| muscle strain / sprain | pregnancy | hepatitis (A, B, C, other) | scoliosis |
| skin conditions | seizures | stroke | whiplash |
| surgery | varicose veins | TMJ disorder | fibromyalgia |
| auto-immune condition | lupus | | |

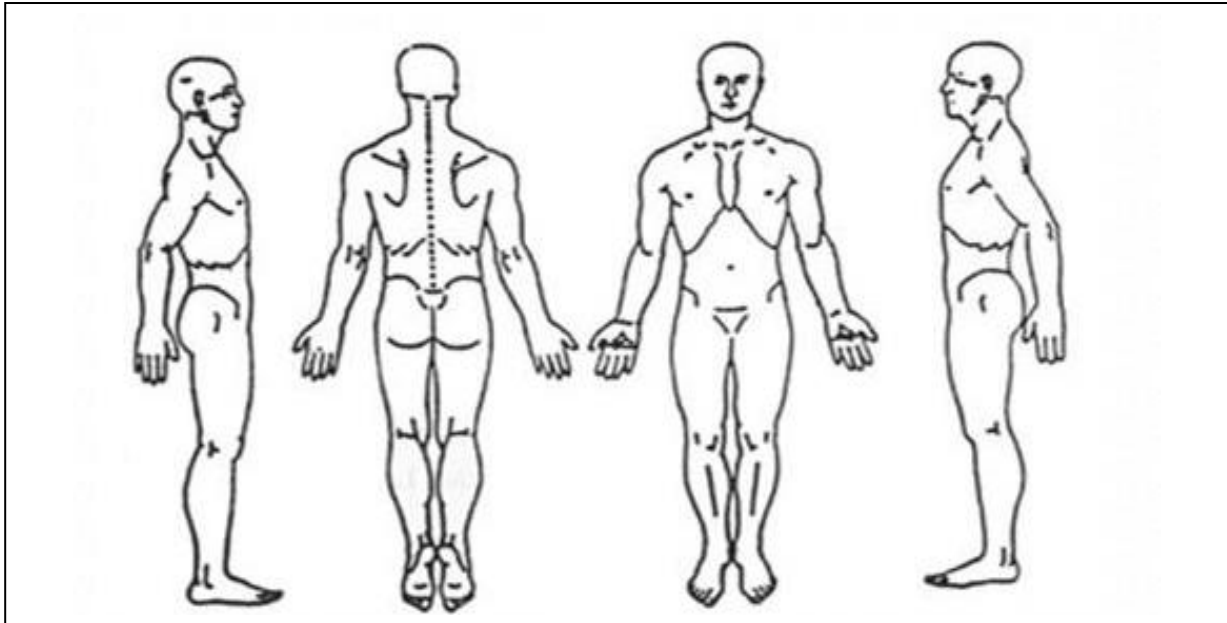
- If any of the above needs to be detailed or if there is anything else to share, please do so here:

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- Have you ever received massage therapy? ____ Yes ____ No
 - What are your goals / expectations for this therapy session? _____
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- Please mark the drawing below to indicate where you hold your tension, pain or discomfort:



May I leave messages at the phone number(s) listed above regarding appointment? Yes No

May I add you to the my mailing list? Your information will **not** be shared. Yes No

Massage Therapy Informed Consent: Please read the information below and sign.

- I understand that massage therapy provided is intended to enhance relaxation, reduce pain caused by muscle tension, increase range of motion, and offer a positive experience of touch.
- I am aware the massage therapist does not diagnose illness or disease, does not prescribe medication, and that spinal manipulations are not part of the massage therapy.
- I have informed the massage therapist of all my known physical conditions, medications and medication. And will keep the massage therapist updated on my changes.
- This is a therapeutic massage and any sexual remarks or advances will terminate the session and I will be liable for payment of the scheduled treatment.

Client's Signature: _____ Date: _____

THANK YOU for choosing **Beth T. Murray Massage Therapy**